

Reflections

April-June 2013



Inner Wheel Club of Bombay Bayview District 314

Shubharambh

Incoming President's Introduction

Born in Kolkatta, Incoming President Nimisha Mirani is actually a South Indian at heart. She schooled on the shores of Northern Kerala and came to Mumbai for her Junior College. Her trust with management began at Sophia College and then she went to Karnataka for her Bachelor's in Business Management. Marriage to textile merchant Manish Mirani brought her back to the city in 1993.

Aditya, her 18-year-old son, completed their family in 1994. For about 12 years, Nimisha has worked in the glamorous world of Travel and Tourism. She began with the very reputed Singapore Airlines at the Taj Mahal Palace Hotel. Since then she has worked with a number of international organizations such as Delta Airlines, Swiss, Switzerland Tourism and Singapore Tourism in various portfolios ranging from Sales to Customer Services to Marketing. Versatile in her roles, she was also associated with ECube Global College, Kandivali in promoting their twinning programs in engineering.

On a sabbatical now, she is known to be very expressive with the pen. Her focus and objective in the coming year is to consolidate and sustain the laurels achieved by her Past Presidents.

Club President's Message

The 1st of July began with a host of phone calls, good wishes and flowers. Seemed like everyone wanted to wish my husband on his birthday.

On the other hand, I was engrossed in getting the email system functional. A rushed visit to the District Seminar and then a motivational session for our students at Softpro kept me on the move.

My very supportive Club Secretary and Vice President joined me to send out a positive message that at Bayview, teamwork is the only way it works. Honestly, I enjoyed it and am now prepared for many more such frenzied days.

At the Executive Committee meeting it was made clear to me in action that I was backed by a very able-bodied, sensitive and concerned team. They approved of all the proposals laid out and egged me on to make an advance commitment to the District on our support to them.

When I nodded my consent to take on this responsibility, I only wished to continue the selfless work my father and grandfather had undertaken in my hometown. When I visited Shivabhakta Adivasi Ashramsala for the first time I knew it was the two of them at work. Education, the backbone of our society is the only hope for India. In today's day and age, we can surely adopt a small school. We can give the students opportunities that will encourage them to be good citizens of the country. It may not be much to us at all, but then again, it is everything to be able to offer a child a chance in life.

What holds me together most is the acceptance. Of my team and of you, my dear members. Your faith in my objectives make me confident that we are moving in the direction of a reformed India.

Here's hoping that one day when India will be declared a super power and a fully developed nation, we will tell ourselves, yes, we have done this together.

In togetherness with you, for my city and for my country,

-Nimisha Mirani



The District



IWC of Bombay Bayview represents in my mind a club of bubbly youngsters full of enthusiasm. Great workers and a highly spirited bunch of roses, spreading the fragrance of

their service in the world in a short span. The positive attitude of life has blossomed my heart wherever I meet any member of Bayview. Mita, Archana & Nimisha you are not at bay view but you are oceans in yourself.

You are doing wonders and I have no words to express and I know the future of IW lies with you. I am sure your club will continue to prosper and render selfless service to humanity. Like melting snow and rainwater unite and a young stream starts, your journey in Inner Wheel has begun to give purpose to life.

Keep it up and all the best.

-District Chairman
Mrudula Dand



Milan - Informal District Chairman's lunch at NSCI. It was Coordinated by Zonal Coordinator Pranoti Thakkar. 10 clubs attended. Mrudula clarified doubts on the theme and reiterated that she wished to work like a friend with us.

Maitreyi - Informal Presidents's Meet at Rotary Service Center, Ghatkopar. More than 50 Presidents attended. District Chairman Mrudula Dand, District Secretary Sandhya Nayak and the Incoming Presidents introduced themselves. We gave our suggestions on the District Rally Theme and the Zonal Fellowships.

Milaap - Incoming Office Bearers' Training session at Rotary Service Centre, Juhu. Assn President Pushpa Suryamurty unveiled 'We, for women' theme for the year. She ran us through with her PUSH presentation. Subsequently the Incoming Team went for breakout sessions with their District heads. All five office bearers attended.

Muskaan- Joint Installation of Incoming Presidents at the District with 32 other clubs. On 11th June at Manek Sabhagriha, VP Arti, IPP Mita, C. Secretary Hemal, C. Treasurer Sonia, ISO Smeeta, CC Mitali and Executive Committee members Anuja, Manisha J, Rajni, Vinita attended. Members Manisha S, Sangeeta J and CP Archana were present too. We were the host club for the function. The District Directory and District Souvenir were released.



Meghdhanush - Installation of Assn President Pushpa Suryamurty was on 19th June at Bhaidas Auditorium. Mita, Nimisha, Hemal, Smeeta, Vinita attended. We participated in the flag march to welcome the incoming and outgoing teams of the year. Zone 1 was to wear violet from the Vibgyor. The dance rendition of Bharat Naytam and Kathak was symbolic of the cultures of India, blending together harmoniously. Assn President Pushpa unveiled her plans for the Pinkathon to be held by the District this year. It is an event to promote cancer awareness, a major focal point of the district this coming year.



District Survival Champs

at Shivaji Park on the first day of the year was interesting. Cancer Survivors shared their experiences and motivated women to go for regular checks. The District also distributed material providing us information on the subject.



We attended the **Joint Polio Orientation Meet** with Rotary on 2nd June at Bhavans College Andheri. The event was managed well by Dr Suhas and Assn President Pushpa spoke to the audience on the subject. District Chairman Mrudula Dand also addressed the audience. PDC Dr Chayya Bhadkamkar, Polio Chairman was very impressive and pledged support to the cause.

Shivabhakta Adivasi Ashramshala –

The first step in education is the vidyalaya or the school. We, with our Rotary Club have built three classrooms for the students of the school. We have also arranged for:-

- A Human Values Kit to develop a strong value system
- Desktop computer, TV, notebooks and stationery
- Facility for conducting Self Defense classes for older girls
- Classroom furniture – 58 Sets

Softpro Computer Classes –

After bagging the Best Project Award last year, we have been offered to expand our sessions at the Softpro center. This year we are helping 22 students of which about 14 are girls. They will complete their computer education in 4 months.



- **Construction of Outdoor Kitchen Block** for Cured Leprosy patients at the Kustarog Niwaran Samiti.

We have committed to

participate in the project by the District and help in uplifting the communal status of the cured patients.

- We have collected **200 Umbrellas** to be distributed.
- We continue to serve the undernourished treatment seekers at **TATA Cancer Hospital**. Every Friday, our club sponsors healthy breakfast to the pavement dwellers registered with the hospital.

- The **Past Presidents' Project** will kick off in July with the tailoring course being arranged for Yasmeen Kamruddin Siddique from Naseoh. Both Past Presidents will be visiting Yasmeen in January to coincide with International Inner Wheel Day.



- **End of the Year** – The handover session of the outgoing team to the incoming team was a very informal affair. Over a cup of coffee, the teams shared their experiences and learnings.

P for Protect Environment drive by the club by printing cloth bags to be used in their charities and events. These will be primarily used at the TATA Hospital, at Prayaas Ek Aas, Kuch Khaas and for any similar event. All members will be given one to motivate them to move away from plastic.



P is also for Publicity and so we have a plethora of elements to promote our club and Inner Wheel. The Club Roster including new members, the Club Birthday and Event Calendar, The Candy Store Charity Pamphlet and the Prayaas-Ek Aas, Kuch Khaas visiting cards will carry the message far and wide.



- Visit to **IWC of Dubai Downtown**. Mrs. Shirrine Khambhatta ISO of the club invited our ISO Smeeta Jhunjunwala for their charity funfair. It was a small bazaar of knick-knacks which the ladies had put up. Present there were PP Mrs. Jyoti Mahipal of Kolkatta Mahanagar, PDC Smita Pingale Dist. 313 India, Charter President IWC Dubai Downtown, and member of IWC of Pune Riverside Club. We exchanged flags with them.



The Club

We have undertaken an inter-club project with IWC of Coimbatore from District 320. We have provided them with 6000 **Shudhu water purification tablets** to be administered in the slum they are adopting. The tablets, manufactured by Wockhardt Foundation are an inexpensive and complete method of water purification. We exchanged flags with the club as well.





Along with the scrumptious **CHAI PAKODA** enjoy this Special Holistic Recipe !!!

Creative visualisation exercise every night before going to sleep. Close your eyes; breathe deeply and slowly until you feel relaxed. Visualise your body from head to toe and repeat the following affirmation : "Irrespective of the monsoon, each and every part and organ of My Body will function at its peak efficiency and I will enjoy excellent health."

Happy Monsoon !!!



Season & Human Relationships

Chai Pakoda Special!!!

Life as we all know is like an ECG Result. It will go up and then down and then up again. It shows us the Rhythm and Rate of each Heartbeat. Each Human Emotion and Relation is just that and the Seasons play a very important role in controlling this result.

The same is the story is of the very own heartbeat of The Rains, The Drop.

It's Journey too is all about the ups and downs, right from the time it evaporates up, to the moment it fills up the clouds and falls down as Rain. This rate and rhythm also constitutes the journey of the monsoons just like our life.

It's how we enjoy each moment and take it to its peak and then slide down and enjoy those moments with equal fervour. Just like children enjoying the rains ignoring the puddles and potholes its best to soak in the happiness and evaporate our woes.

Enjoy the Chaska Chai's and Piping Pakodas.!!!

Happy Monsoons !!!

*Concept & Content - Club Secretary Hemal Maskai
and Sub-Committee Member Jankhana Mehta*

Mere ghar ayi ek nanhi pari

Daughters are gods best creation, a blessing to mankind.
Daughters are every parents pride, their reason to rejoice.
Daughters are the angels god sent to spread love and warmth.
When you see daughters smile you forget the rules of life.
She gives you a hug making soaring tempers fly by.
She makes you believe in everything that is true.
She holds you high when you are blue.
She hugs you tight when you need her true.
She passes through stages, as life scales her along.
She charmingly progresses holding dignity along.
As every relation sails through transitions, she grows and moves to nurture another young one.
A daughter is a daughter and she always will be a doll
Her papas little girl her first darling hero.
And mamas confidant her first best friend.
Daughters are a charm that every family must desire.



Monsoon Memories

For me the nearest synonym to monsoon is YOUTH. The joy I feel whenever its raining, I cannot feel the same for anything else..As if God is showering his blessings....and when I see people running for cover I wonder how unfortunate they are!



But life in metro and in general nowadays doesn't allow us to really live with expressing ourselves. I see my daughter growing and have watched her avoiding getting wet in the rain just like any typical metropolis youngster. I pity her that she misses the pleasure and I remember my childhood days.

I used to enjoy the rain by getting myself wet. Enjoying every drop of rain shower, I used to be mesmerized by the beauty of nature in the surrounding giving the earth true richness with its expanse of flora and fauna..... For me MONSOON is LIFE you have to LIVE it to BELIEVE it...

-Rupal Mehta

Upcoming Events

- 1st July 2pm
at Shivaji Park
District Seminar Cancer Survival Champ
- 5th July 7.30 am - 3.00 pm
Visit to Shivabhakta Adivasi Ashramshala, Lavhali, Badlapur
- 9th July - 10.30 am
at Sunville Banquets
1st GBM
- 9th July - 11.30 am
Club Celebration
- 3rd & 4th Aug
at Duke's Retreat, Khandala
Ice Ice Baby (World Friendship Day)
- 23rd Aug
at Wakadi
District Rural Project
- 7th Sep 4pm onwards
OCV
- 20th Sep
Peace and Good Touch, Bad Touch
Seminar for International Day of Peace
- 25th Sep
District Rally 'Tellywood Masti'

We meet on the 1st Friday of the month at The Malabar Hill Club.
For details on the club and its events, please contact Club Secretary Hemal Maskai 9820501970